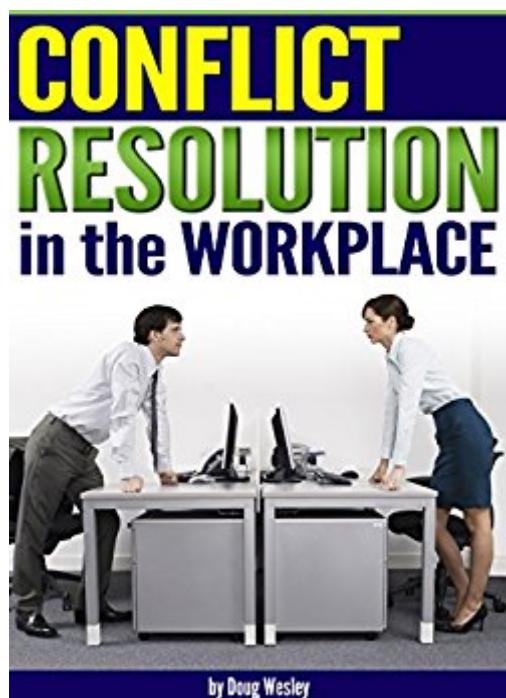


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# Conflict Resolution In The Workplace: How To Handle And Resolve Conflict At Work ~ An Essential Guide To Resolving Conflict In The Workplace



## Synopsis

If you want make your workplace resistant to conflict and much more productive and resilient instead, then this book is for you! Read on your PC, Mac, smart phone, tablet, or Kindle device. Ideally, the workplace should be an environment free from worry and stress, where employees can feel safe, comfortable, welcome, able to get creative juices flowing, stay motivated, and be efficient and productive. However, most of us don't actually think of our offices this way. If we did, we would never dread going to work, and we wouldn't try to negotiate working from home occasionally. Often, the thing that prevents us from feeling more positive about our workplace is the stress and conflict we experience with co-workers. It's sometimes harder to get along with office folk than say, school mates or people from the gym or church, since we don't have the luxury of choosing who we work with. We are stuck with whoever happens to work there too, unlike other social settings where we choose those close to us based on our similarities and common interests. The good news is, through better understanding and a little strategy; workplace conflict can be resolved and altogether eliminated. Throughout this ebook, I'm going to show you how to mediate conflicts and easily arrive at amicable solutions acceptable to all parties. More importantly, you will learn how to conflict-proof your workplace to prevent conflicts before they have a chance to get out of hand. If you are ready to take the first step to creating a stress-free and productive workplace, then let's get started! Here Is A Preview Of What You'll Learn... How to Create a Conflict Resilient Workplace The Evolving Conflict Resolution Model The Seven Steps to Conflict Resolution Common Types of Workplace Conflict Dealing with Conflict from a Personal Perspective Actions to Avoid when Faced with Conflict Much, much more! Download your copy today!

## Book Information

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## **Customer Reviews**

At some point, whether we like it or not we are going to run into a conflict of one form or another with a coworker and because I've always been interested in psychology and the sources of conflict, not to mention having a desire to understand conflict and how to resolve it on amicable terms regardless of the situation. I decided to do a little research into conflict resolution and see what I could come up with so that I could add these skills to my psychological and social interaction toolbox should a conflict ever arise in my workplace between myself and a coworker. I stumbled across this book while serving through the Kindle section of a website and I'm glad I chose to download it. This book does an excellent job of explaining the sources and/or reasons as to why conflicts can and do occur in the workplace between two or more coworkers. It does a solid job of explaining the definition of conflict as well as offering skills in understanding and empathy for the other person when it comes to resolving conflicts by the time you finish the book, you will have a solid understanding and the tools necessary to understand conflict and hopefully bring your workplace conflict to an amicable solution between yourself and your coworkers. I feel fairly confident that this book will be able to do that for me so I'm sure it can do the same for you. I am very pleased with my purchase and would recommend as a starting point to anyone dealing with conflict in their workplace.

Conflict resolution is a great skill to have, and one that can be developed effectively. This book gives a great insight into the process of conflict resolution and what it takes to maintain a conflict free work environment. The section on the different types of conflict that exist in a workplace was pretty informative and chock full of examples. The actions steps are pretty practical as well. I would have liked to see some more scenarios though, like dialogues or case studies for practice.

Conflict is something that can happen anywhere - at home, in school, or even in the workplace. This is really a very difficult situation as a simple conflict does not only ruin a day, but also ruin your work momentum. In this case, it is very important to learn about conflict resolution in the workplace. The book discusses what are the possible conflicts in the workplace are and how one can create a workplace that is conflict resilient. The book also tells what actions to take during conflicts in the workplace. Overall, the book is a good guide if you want to create a peaceful workplace.

The contents of this book are sensible and helpful, but a prospective buyer should know that it is extremely brief. Reformatted to normal font and page sizes I got 16 pages .... So if you are looking for something easy to read, brief and still meaningful, this might be for you. If you are looking for a more comprehensive treatment of conflict management in the workplace, look elsewhere ...

This is merely an outline. Did the author forget to include the other necessary information? This sparse collection of ideas did not teach me anything.

To deal with conflicts is a science, as normally we follow our emotions and behave as we feel. To understand how to avoid conflicts and how to forward them to the right direction you need knowledge of psychology and patience. This book provides with very good steps how to solve conflicts and what to do if you've been involved in it. Liked this book!

Very basic concepts about conflict resolution. I found it not very useful for real life situations and workplace. Of course you can find some good material within the book, but it is not enough

“Conflict Resolution in the Workplace” explains how different conflicts manifest in the workplace and then goes on to detail a step-by-step conflict resolution model that you can put into practical use in your work environment. Tips are also included for how to deal with conflict as it happens in the best way.

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